



## COVID-19 Safe ways of working

# A visual guide to safe PPE

Amber Zone with confirmed or suspected COVID-19 cases

Red Zone  
(aerosol generating procedures)

Eye protection to be worn on risk assessment

Fluid resistant surgical mask

Disposable apron changed per patient

Gloves changed per patient

Wash your hands before and after patient contact and after removing some or all of your PPE

Clean all the equipment that you are using according to local policies

Use the appropriate PPE for the situation you are working in (General / AGPs or High risk areas)

Take off your PPE safely

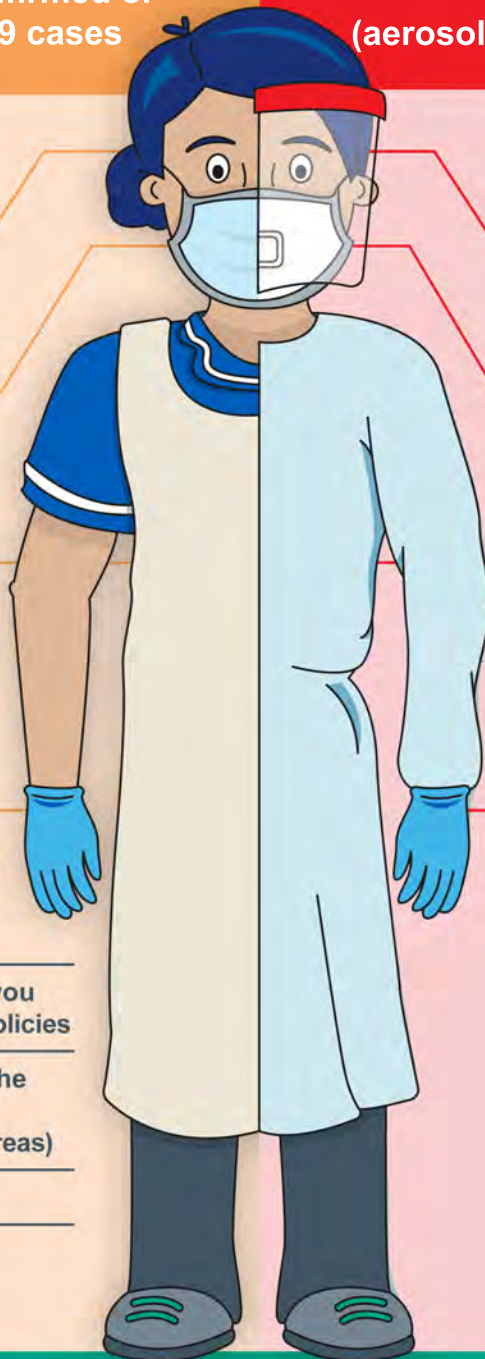
Take breaks and hydrate yourself regularly

Eye protection eye shield, goggles or visor

FFP3 respirator

Long sleeved, fluid-repellent gown which you keep on, with an apron over the top that is changed per patient

Gloves changed per patient



For more information on infection prevention and control of COVID-19 please visit:

[www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control](http://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control)